



Department  
of Health

# Detained under the **Mental Health Act** You may have questions...

Why am  
I here?



How long  
for?



Do I have  
to stay?



What if  
I don't  
agree?



You can ask  
for more  
information



Ask for  
the code  
of practice



The easy read **Code of Practice**  
helps you understand your rights.

[www.nhs.uk/easy-mentalhealthact](http://www.nhs.uk/easy-mentalhealthact)

Know your rights

The Mental Health Act Code of Practice