

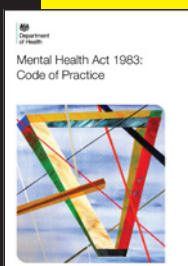


Department
of Health

An easy read fact sheet

Questions for your family to ask when you are detained

Questions for your family to ask if you are detained under the Mental Health Act.



Know your rights

The Mental Health Act
Code of Practice

Good questions to ask when someone is detained

Sometimes it's difficult to know the right questions to ask. In this fact sheet we suggest some questions for families to ask hospital staff.

Questions for families to ask

- ? Why is my relative in hospital
- ? Who will be looking after them?
- ? Do they have to stay in hospital?
- ? What care and treatment is my relative getting?
- ? What do they think it will achieve for my relative
- ? How do I visit and stay in touch?



- ❓ Are there restrictions placed on my visits, can I take my relative out?
- ❓ Is there any help with travel costs?
- ❓ Can my relative visit me at my home?
- ❓ Who decides when they leave
- ❓ If you are the nearest relative – do you know your rights
- ❓ What is the plan of treatment
- ❓ How long will it last, or what will things need to look like before my relative can leave
- ❓ What support will my relative get when they leave
- ❓ How long will that last for?
- ❓ What can I do if I feel they need further help?
- ❓ How will my relative be involved in these decisions?



- ❓ How will I be involved in these decisions?
- ❓ Who can help my relative speak up when I am not there?
- ❓ How are you going to keep my relative safe?
- ❓ What do I do if I don't feel my relative is safe, or getting the care and treatment they need?
- ❓ What restrictions might my relative experience?
- ❓ Will I be told when restrictions have been used?
- ❓ What do we do if my relative is discharged before he/she is well again?
- ❓ Will my relative be given ECT (Electro Convulsive Therapy)?
- ❓ How do I make a complaint?
- ❓ Will my relative be able to move to a hospital near me?



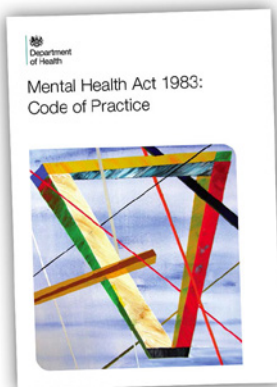


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The Mental Health Act Code of Practice

Download the code:

[www.gov.uk/government/uploads/system/uploads/
attachment_data/file/396918/Code_of_Practice.pdf](http://www.gov.uk/government/uploads/system/uploads/attachment_data/file/396918/Code_of_Practice.pdf)



Download the easy read fact sheets:

www.nhs.uk/easy-mentalhealthact

Download the easy read glossary:

www.nhs.uk/glossary